

Sheet1

Video	Video duration	Topic	Start time
Navigating our site	10.21	Beginning	00.00
		Tech Support	00.40
		Tools	03.33
		Learning	04.11
		Training	04.25
		Subscribe	06.43
		Our Approach	07.18
		Software	07.40
		Home	08.00
The Basics	31.55	5 Characteristics	00.20
		Practice	01.09
		Basics	02.40
		Reading Candlesticks	13.30
		Inverse Relationships	17.30
		Trends	23.00
		Targets & Risk	25.35
		Reversals	27.53
		Start where?	28.53
Start for Newbies	16.57	Buyer or Seller	02.55
		Making/Managing a Trade	06.22
		Entry Order Trade	14.07
JR's Tech Webinar	31.28	Using Info Center	00.00
		Recovering Messed up Charts	10.45
		Adding a New Chart	15.00
		Register on the ProAct Website	22.30
		Q&A	24.00
Installing Demo Charts	4.22	Installing Demo Charts	00.00
Margin Management	20.10	Traders Fail Because?	00.00

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		Limit Risk	01.20
		Powerpoint – Have to be how Good?	03.00
		Your Job is to Risk	06.00
		Safest ProAct Trade	11.35
		Choppy Market	16.10
How to Put Lines on a Chart	11.15	Day Chart	00.10
		240 Chart	02.00
		Fibs	03.10
		PSRs	04.40
		HSIs	08.55
Understanding the Methodology	16.25	Operate under these Principals	00.30
		Who are the BB?	01.47
		TFPD	02.40
		New Traders make Pips	03.55
		Our Charts	06.30
How to use the Charts	28.44	Sizing the Charts for your Monitor	00.00
		Removing your Tools	01.00
		RF Charts	02.00
		T-30s	05.30
		Moving Averages	06.45
		Candle Size	08.10
		Vertical Lines	08.30
		Time Compressions	09.30
		White Dots	10.20
		PAT Projector	11.16
		Autoscale	12.15
		Show Cursor	13.12
		Shifting Timeline of Charts	14.00
		Wildcard Screen	15.00
		Gatekeeper Screen	15.50
		All the tools	16.45

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		Minimizing/Finding the Chart	24.20
		Where is the Desert	25.40
		Using Arrow Keys	26.15
Live Charts Walkthrough	56.53	Oscillators and HMIs	00.37
		Moving Averages	04.10
		T3 and White Dots	06.40
		Correlation	10.10
		How to Make a New Chart	11.30
		Right Clicking is Important	12.20
		Going through the tools	15.35
		Where are the Beginner's Lessons	35.10
		How to Add Text	36.35
		How to Change a Chart Name	37.50
		Who's in Control? Bulls or Bears?	40.00
		How to Move the MACD and T30s back	52.00
Greatest Charts	58.54	Limiting Your Risk	01.00
		The Creation of Our Charts	05.00
		The Wild Card Setup	07.15
		The 6 Aces Setup	21.40
		HSI Tool	30.12
		The Royal Flush	42.23
		240 Live Chart for Royal Flush	45.35
		55 Pips Live from Today	51.00
		The Road Map	55.38
		Free Training and Demo	56.35
		What is the Cost?	58.00
How to Use the HSI Tool	2.42	How to Use HSI Tool	00.00
How to Use the Channel Key	5.43	How to Use The Channel Key	00.00

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How to Use the Support and Resistance Tool	4.06	How to Use the Support and Resistance Tool	00.00
How to Use the Fib Retracement Tool	4.12	How to Use the Fib Retracement Tool	00.00
How to Use the Pat Projector Tool	2.56	How to Use the Pat Projector Tool	00.00
How to Add a Sound Alert to a Line	2.24	How to Add a Sound Alert to a Line	00.00
How to Use a ProAct Trader Checklist	14.55	How to Use the ProAct Trader Checklist	00.00
How the MACD Functions	10.08	How the MACD Functions	00.00
How to Understand and Use the T3	3.13	How to Understand and Use the T3	00.00
Why are Up Candles are Sometimes Red and Vice Versa	4.21	Why are Up Candles are Sometimes Red and Vice Versa	00.00
How to do a Chart from Scratch	13.11	How to Do a Chart from Scratch	00.00
Understanding the Notes Page in the Live Room	10.02	Understanding the Notes Page from the Live Room	00.00
The RF1010 Momentum Trade Set Up	13.31	RF1010 Momentum Trade Set Up	00.00

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Live RF1010 Trade – AUD/USD	1.47	Live RF1010 Trade – AUD/USD	00.00
Two Live trades – EUR/USD and EUR/JPY	8.11	Two Live Trades – EUR/USD and EUR/JPY	00.00
Royal Flush Trade Set Up	7.48	Royal Flush Trade Set Up	00.00
How to place a Trade on MT4	6.48	How to place a Trade on MT4	00.00
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How to Place an Entry Order	5.54	How to Place an Entry Order	00.00
Should I Stay in a Trade Over the Weekend?	01:12:12	Should I Stay in a Trade Over the Weekend?	00.00
		Learn About Gaps	12.00
		For the Newbie Trader	17.10
		For the Intermediate Trader	18.10
		Examples	20.10
		Break, Hook & Go	56.20
How to Paper Trade	5.44	How To Paper Trade	00.00
Let It Center, Break, Hook and Go	7.14	Let It Center, Break, Hook and Go	00.00
Understanding Square Ups	15.00	Understanding Square Ups	00.00

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How to Find the Trend	16.59	How To Find the Trend	00.00
Trading in the Desert	20.09	What You Need to Know First	00.00
		What is the Key Question Every Day?	02.35
		Once in the Desert	04.50
		Continuations	08.26
		Reversals	09.37
		Continuation Examples	11.00
		Reversal Examples	17.32
Margin Management	20.10	Why do Most Traders Fail?	00.37
		Why is it Important to Limit Your Risk	01.17
		Spreadsheet Example	03.02
		Your Job is to Risk	06.00
		Safest ProAct Trade with Margin Management	11.35
		How To Adjust for a Choppy Market?	16.07
Twelve Common Mistakes	16.40	Overleveraging	00.07
		PATOs and HMIs are not Crystal Balls	01.40
		Not Looking at the Big Picture	02.20
		Not Understanding the Power of PSRs	03.20
		Trading into a T30	05.00
		Clicking Out for Too Few Pips	06.28
		Not Understanding the Power of Patterns	09.40
		You Don't Trust what You See	12.02
		You Trade Outside the Momentum Times	13.40
		You Think Paper Trading is for Wimps	14.20
		You Trade with Your Emotions	15.30
Stops are for Sissies	13.27	ProAct Traders Stop Policies	00.40
		Technical Stops	03.02
		Moving Stops	06.24
		Using a Scout	08.05
		Alerts, Live Trades and Session Recaps	12.10

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Why Traders Lose	9.21	The way the Herd Trades	00.00
		Emotional Roller Coaster	01.58
		Example	04.00
		Actual Chart	07.18
Understanding the Cue Ball Trade	4.18	Understand the Cue Ball Trade	00.00
How to Set up the Info Center	10.29	How to Set up the Info Center	00.00
Technical Support Webinar	31.28	How to Access the ProAct Sites	00.00
		The Charts	10.40
		Support	22.00
		FxSynergy	25.30
		Get the Latest Info Center	27.50
Learn the System	13.14	Navigating the Website	00.43
		Info Center	11.38
How to Customize the Charts	6.59	How To Customize the Charts	00.00
How to add Extra Currency Pairs to Your Charts	3.18	How to add Extra Currency Pairs to Your Charts	00.00
The Pole Trade	9.03	The Pole Trade	00.00
		The Pole Pattern	00.40
		How Do We Trade Them?	02.30
		Examples	03.10
		Typically	03.56
		The Stop	04.50
		How Do you Learn Them?	06.44

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Elliot Wave for Dommies

13.53	Elliot Wave for Dommies	00.00
	Elliot Wave Theory	00.26
	Anil's Charts	01.45
	The Basic Pattern	02.36
	Look at a Chart	07.19
	Practice!	09.30

How to Trade a Fundamental Announcement

9.17	How to Trade a Fundamental Announcement	00.00
	How Do We Trade the News?	00.30
	Working with the Charts	04.11
	Placing a Trade	05.30
	Why Not Straddle?	07.50

How to Trade the Wide Open Spaces

8.53	How to Trade the Wide Open Spaces	00.00
	Keys to Successful Target Trading	00.37
	Walkthrough a Chart	01.57
	Free ebook!	08.45

How to Trade the 6 Aces

01:02:14	How to Trade the 6 aces	00.00
	Find the Trend	04.00
	Example Chart	05.40
	3 of a Kind	06.18
	T30s	09.00
	HSI Tool	11.00
	Confirming a Trade	12.00
	240 Chart	15.40
	Looking at 3 OAK	16.40
	Wildcard Chart	20.50
	Reversals using 3 OAK	23.40
	15 Minute MACD	27.37
	This video repeats itself after about 30 minutes....	

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How to Create a Trading Road Map	8.45	How to Create a Trading Road Map	00.00
		Let's Look at a Chart	00.48
		Another Example	04.05
How to Manage an Existing Trade	58.16	How to Manage an Existing Trade	00.00
Using the Fibs Many Ways	16.44	Using the Fibs Many Ways	00.00
		Fibs as They are Called	00.16
		Look at a Chart	01.10
		Using Fibs to Know How to Place Stops	08.10
		Using on Smaller Time Frames	12.13
How to Use the Fibs to Find Targets	7.38	How to Use Fibs to Find Targets	00.00
How to Trade Flags	5.03	How to Trade Flags	00.00
The "George" Trade	5.40	The George Trade	00.00
How to Set up a Winning Trade Plan	11.29	How to Set up a Winning Trade Plan	00.00
		Here are Some Things to Think About	00.38
		What to Remember	01.00
		Three Parts are Needed	01.25
		Mindset	01.38
		Three Key Decisions	04.50
		An Example of a Plan	06.57
		Another Example	09.11
Power of 17 Trade	13.52	Power of 17 Trade	00.00
		Power of 17	40.00
		Schematic	02.45
		Example	06.23
		Spreadsheet	08.50

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		Another Example	09.47
Sleeper Trade	3.46	Sleeper Trade	00.00
Armpits	9.44	Armpits	00.00